

The NSEA is here to help! Choose from the list below or ask your NSEA field staff rep about other topics of interest to your members and potential members. Sessions described below can be varied based on the needs/interests of members.

- **NEA Member Benefits**
From movies tickets to travel discounts, find out about all the many benefits that are available to you through NEA member benefits.
- **Drowning in Debt?**
Find out how you can utilize your member benefits to save money for college, retirement and more.
- **Paystub 101**
Learn how to read your paystub and make sure you are being paid and receiving benefits at the correct level.
- **Search and Find: Negotiated Agreement**
Bring a copy of your current negotiated agreement and have fun searching for language that may or may not be in your agreement. This is a great primer for bargaining season.
- **Is it a Grievance?**
What constitutes a grievance or a gripe? Learn the crucial time frame for filing a grievance and find out all the steps and procedures that follow.
- **Everything You Ever Wanted to Know About RIF**
What is it? Can it happen to me? What to do if you receive a RIF notice?
- **Degrees Not Debt**
Overwhelmed with student loan debt? Come find out the many options you have for repayment, loan forgiveness, or loan cancellation.
- **Legislative Update**
What do educators need to know about current legislation? How can they get involved? How will legislation affect me and my students?
- **Building Positive Relationships with your School Board or Administration**
Your local association can shape a positive working relationship with the school board and administration to ensure a great public school for the students of your community.
- **Student Engagement/Positive Student Behavior**
Do your members want a few new tips to motivate and engage students in learning to increase positive behaviors? Or would they prefer a longer interactive presentation focused on this topic? Time can vary dependent on the interest of staff.
- **Comp Study Basics**
What is a comp study? How do you collect good data? How is this bargaining tool used in negotiations?
- **ESP Training**
This training can be for all staff or specifically for Educational Support Professionals (ESP). Why would ESPs join? How do they organize? How do the teacher/para members work together to solve problems?
- **Building High Capacity Locals**
Do you feel like your officers are the only ones engaged in the work of the local association? Is your local association ready for a more active role? How can you promote active engagement from more members? This "kick-start" session helps to identify priorities and build off success through a 3 to 5-year plan.
- **Social Media Safety for Staff**
What freedom of speech rights do teachers have online? How do you keep yourself safe using a school computer/device?
- **Protecting Your Negotiated Agreement**
You have finished negotiating, but how do you protect what is in your agreement every year? How do you ensure that staff understand the impact of what's been bargained?
- **Personnel Issues 101**
Is your employment at risk? How do you keep sufficient documentation to better protect yourself? What does the law say about Letters of Intent and signing individual teacher contracts? Your NSEA staff can assist probationary and tenured teachers with evaluations, plans of improvement, reprimands, and liability issues.
- **Strengthening Community Relationships**
Your school IS the heart of your community. How can your association and your school be more visible in the community? What are the various ways that educators and community members can increase student enrollment, provide for the changing needs of students/parents, and keep your school district moving forward?
- **Organizing for Power/Conflict Resolution**
Do staff want more of a voice in district decision-making? Do staff feel disrespected and mistreated? Do educators in your district need a reminder about their power to move from a complaint to action?
- **Educator Professional Development**
Learn what new professional development opportunities NSEA has available for new and experienced educators in rural areas.
- **Retirement 101**
Where exactly is my money going regarding retirement? This session will help educators understand the basics of the NE Public Employees Retirement System (NPERS).
- **Health Insurance 101**
What is the Educators Health Alliance? What are my benefits? This will provide basic information on school district health insurance.