



# ABCs in action!

Antecedent	Behavior	Consequence	Hypothesized Function
Math Lesson	Miranda throws a book on the floor	Students laugh and the teacher continues to teach	If Miranda's book throwing behavior continues to occur during math after her peers have responded by laughing (the consequence) and there is a pattern of this response, it is likely that attention from her peers is maintaining the behavior.

### Strategies to reduce attention seeking behaviors:

- Preferential seating
- Hallway buddy
- Call on often
- Group contingencies
- Repeat directions back
- Planned Ignoring
- 8:1 Positive Negative ratio
- Praise student frequently
- Talk tickets
- Nonverbal cues
- Visual directions/Supports
- Proximity control
- Remove class to alternative setting

Antecedent	Behavior	Consequence	Hypothesized Function
Ms. Jones asks her students to get ready for reading groups and centers	Allison gets under her desk and screams "I hate centers!"	The teacher calls for the assistant principal to remove Allison from the classroom	If Allison's problem behavior persists every time Ms. Jones transitions to centers and small reading groups, the behavior is likely escape maintained as Allison is being removed from the classroom after the behavior occurs going from a less preferred to more preferred environment

### Strategies to reduce escape maintained behaviors:

- Make sure task follows student
- Contingency plans
- Ex. Do 2 problems, then you get a drink
- Premack principal
- First \_\_\_\_, then \_\_\_\_
- Choices
- Lessen the demand/reduce assignment
- Timer
- Frequent breaks
- Give them a job/errand
- Help start the assignment
- Behavior momentum
- Break cards
- 1:1 help

Antecedent	Behavior	Consequence	Hypothesized Function
Partner work for social studies	Sylvia begins rocking in her chair	Sylvia and her partner are moved to a separate location	Whenever the environment becomes loud, Sylvia engages in sensory seeking behaviors

### Strategies to reduce sensory seeking behaviors:

#### STIMMING BEHAVIORS:

- Stimming behaviors may be used as a coping mechanism, it does not help to try and redirect that behavior
- If stimming behaviors be-

come problematic, you may want to reduce them. Self-monitoring "sitting nice" is required for her to earn her breaks or other reinforcers may be effective.

#### STRATEGIES:

- Flexible seating
- Providing choices of how the work gets completed
- Music
- Stress ball/fidgets
- Stand up desk
- Sensory supports/room
- Social stories
- Stress baskets/tension releasing activities